



NANCY MATTHEWS



The One Philosophy

The Little Message with a BIG Impact

The 6 Principles

T

Talk Less & Listen More

H

Hold & Hone Your Vision

E

Exhibit Exemplary Behavior

O

Own Your Life – 100% Responsibility

N

Never, Never, Never GOSSIP

E

Exercise Your Mind & Spirit Daily

*“To the world you may be one person,
but to one person you may be the world.” ~ Dr. Seuss*



The One Philosophy